

Iowa

Medicaid Program: Iowa Medicaid Enterprise (IME)

Program Administrator: Iowa Dept. of Human Services

Regional Telehealth Resource Center: Great Plains Telehealth Resource and Assistance Center

Covers the States of: Iowa, Minnesota, Nebraska, North Dakota, South Dakota, & Wisconsin

www.gptrac.org

Medicaid Telehealth Reimbursement	Summary	Iowa Medicaid pays for telehealth as long as it meets accepted health care practices and standards. The Medicaid program does not have a definition for telehealth, and therefore it is unknown if the term encompasses store-and-forward or remote patient monitoring. Beginning July 1, 2019, managed care plans in Iowa's Healthy and Well Kids in Iowa (Hawk-I) program, may cover telehealth and tele-monitoring services, but do not appear to be mandated.
	Definitions	No reference found.
	Policy	<p>Department of Human Services is required to adopt rules to provide telehealth coverage under Medicaid. Such rules must provide that in-person contact between a health care professional and a patient is not required as a prerequisite for payment.</p> <p>Source: <i>IA Senate File 505 (2015), Sec. 12(23), pg. 32-33. (Accessed Sept. 2019).</i></p> <p>In-person contact between a health care professional and patient is not required for payment for services otherwise covered and appropriately provided through telehealth as long as it meets the generally accepted health care practices and standards prevailing in the applicable professional community.</p> <p>Services provided in-person or through telehealth shall be treated as equivalent for purposes of reimbursement.</p> <p>Source: <i>IA Admin Code Sec. 441, 78.55 (249A). (Accessed Sept. 2019).</i></p> <p>Beginning July 1, 2019, managed care plans in Iowa's Healthy and Well Kids in Iowa (Hawk-I) program, may cover telehealth and telemonitoring services, but do not appear to be mandated.</p> <p>Source: <i>IA Hawk-I Benefits. (Accessed Sept. 2019).</i></p> <p>Crisis Response Services and Subacute Mental Health Services Payment shall be made for time spent in face-to-face services with the member. "Face-to-face" means services in-person or using telehealth in conformance with the federal Health Insurance Portability and Accountability Act (HIPAA) privacy rules.</p> <p>Source: <i>Iowa Dep. of Human Services. Provider Manual. Ch. III Provider Specific Policies. Crisis Response Services. May 1, 2018, p. 3; Subacute Mental Health Services. May 1, 2018, p. 9. (Accessed Sept. 2019).</i></p>
	Live Video	No reference found.
Eligible Services / Specialties	No reference found.	



Medicaid Telehealth Reimbursement

Live Video	
Eligible Providers	No reference found.
Eligible Sites	No reference found.
Geographic Limits	No reference found.
Facility/Transmission Fee	No reference found.
Store-and-Forward	
Policy	No reference found.
Eligible Services/Specialties	No reference found.



Medicaid Telehealth Reimbursement

Store-and-Forward	Geographic Limits	No reference found.
	Transmission Fee	No reference found.
Remote Patient Monitoring	Policy	<p>Beginning July 1, 2019, managed care plans in Iowa’s Healthy and Well Kids in Iowa (Hawk-I) program, may cover telehealth and telemonitoring services, but do not appear to be mandated.</p> <p>Source: IA Hawk-I Benefits. (Accessed Sept. 2019).</p> <p>Medical Equipment and Supply Dealer</p> <ul style="list-style-type: none"> • Telephone monitoring may be allowed when all the following conditions are met: • The medications prescribed and the member’s condition necessitate that the medication be taken at a certain time to avoid complications, and • The member lives alone or others living in the member’s home are unable to provide assistance, and • The member has no other services coming into the home or the frequency is insufficient. <p>Source: Iowa Dep. of Human Services. Provider Manual. Ch. III Provider Specific Policies. Medical Equipment and Supply Dealer. May 1, 2014, p. 7 (Accessed Sept. 2019).</p>
	Conditions	No reference found.
	Provider Limitations	No reference found.
	Other Restrictions	No reference found.



Medicaid Telehealth Reimbursement

Email / Phone / Fax

Note that in almost all program-specific manuals, telephonic interpretive services are allowed.

Source: Iowa Dep. of Human Services. *Provider Manual. Ch. III Provider Specific Policies. Physician Services. July 1, 2014, p. 63* (Accessed Sept. 2019). For other manuals, see: *Medicaid Provider Manual. Provider Specific Manuals.* (Accessed Sept. 2019).

Case management can occur by face-to-face contact, telephone, letter, email or fax.

Source: Iowa Dep. of Human Services. *Provider Manual. Ch. III Provider Specific Policies. Targeted Case Management. May 1, 2018, p. 10* (Accessed Sept. 2019).

Consent

No reference found.

Out of State Providers

No reference found.

Miscellaneous

Iowa Medicaid uses the POS 02 code adopted by Medicare.

Source: Source: IAC 441-79.1(7)b(1). (Accessed Sept. 2019) .

Private Payer Laws

Definitions

“Telehealth means the delivery of health care services through the use of interactive audio and video. Telehealth does not include the delivery of health care services through an audio-only telephone, electronic mail message, or facsimile transmission.”

Source: IA Code 514C.34(1)(c) (Accessed Sept. 2019).

Requirements

Policies, contracts, or plans providing third-party payment or prepayment of health or medical expenses shall not discriminate between coverage benefits for health care services that are provided in-person and the same health care services provided through telehealth.

Source: IA Code 514C.34(2) (Accessed Sept. 2019).



Private Payer Laws	Parity	<p>Service Parity</p> <p>Health care services must be appropriately delivered by telehealth in accordance with accepted health care practices and standards, including all rules adopted by professional licensing boards.</p> <p>Source: IA Code 514C.34(3) (Accessed Sept. 2019).</p>
		<p>Payment Parity</p> <p>No explicit payment parity.</p>
Professional Regulation/Health & Safety	Definitions	<p>Telecommunications and Technology Commission</p> <p>“Telemedicine means use of a telecommunications system for diagnostic, clinical, consultative, data, and educational services for the delivery of health care services or related health care activities by licensed health care professionals, licensed medical professionals, and staff who function under the direction of a physician, a licensed health care professional, or hospital, for the purpose of developing a comprehensive, statewide telemedicine network or education.”</p> <p>Source: IA Admin. Code, 751 7.1(8D). (Accessed Sept. 2019).</p>
	Consent	<p>No reference found.</p>
	Online Prescribing	<p>Pharmacists are prohibited from dispensing prescription drugs if the pharmacist knows or should have known that the prescription was issued solely on the basis of an Internet-based questionnaire, an Internet-based consult, or a telephone consult, and was completed without a pre-existing patient-provider relationship.</p> <p>Source: IA Admin. Code, 657 8.19(5). (Accessed Sept. 2019).</p> <p>A physician must be physically present with a woman at the time an abortion-inducing drug is provided.</p> <p>Source: IA Admin. Code, 653 13.10(3) (Accessed Sept. 2019).</p>



Cross-State Licensing

Member of the Interstate Medical Licensure Compact.

Source: *Interstate Medical Licensure Compact. The IMLC. (Accessed Sept. 2019).*

Member of Physical Therapy Compact.

Source: *Physical Therapy Compact. Compact Map. (Accessed Sept. 2019).*

Member of Nurse Licensure Compact.

Source: *Current NLC States and Status. NCSBN. (Accessed Sept. 2019).*

Miscellaneous

Professional Board Telehealth-Specific Regulations

- IA Board of Medicine (**Source:** *IA Admin Code Sec. 653.13.11 (Accessed Sept. 2019).*)
- IA Board of Physical and Occupational Therapists (**Source:** *IA Admin Code Sec. 645-201.3 & 645-208.3 (Accessed Sept. 2019).*)

